

242 Cathedral Avenue Winnipeg, MB R2W oX3 (204) 586-2236 associate@sarasvati.ca www.sarasvati.ca

April 29, 2016

Dear Friends,

We are very excited to invite you to a staged reading of our new play-in-development; *Breaking Through*. The script is the compilation of stories from the community on experiences with mental health.

This new community-based project has had Sarasvàti's artist's team up with Artists in Health Care, Red Threads Playback Theatre and the Selkirk Mental Health Centre as well as working with multiple community organizations such as the Manitoba Schizophrenia Society and Rainbow Resource Centre.

Join us for a staged reading of the resulting play. What are the challenges for those with a mental health diagnosis and what is needed to support recovery? Follow five characters as their stories weave in and out to depict experiences with the system, community response, internal struggles and ultimately the desire for understanding. Provide your feedback and responses as part of the development of this important script.

Breaking Through

A staged reading by Hope McIntyre and Cairn Moore Asper Centre for Theatre and Film (at U of W, 400 Colony Street) Tickets \$15 Regular / \$10 Students & Seniors May 22 at 3pm May 24-27 at 7pm May 28 at 3pm

Tickets can be purchased on line at www.sarasvati.ca. Please feel free to contact me directly for more information or to book a group rate (204) 586-2236 or by e-mail at associate@sarasvati.ca.

Sincerely,

Angie St. Mars Associate Producer

Angie St Marie